



DEALS & DISCOUNTS

FOR NSTU MEMBERS INCLUDING RTO MEMBERS!!



Subject to change without notice. Updated April 13, 2015.

ACCOMMODATIONS

NSTU Contract Hotel

The **DELTA HALIFAX** and **DELTA BARRINGTON** are the NSTU's contract hotels and offers members on NSTU business a rate of \$86 July 1, 2014 to June 30, 2015. For leisure travel, \$98 July 1, 2014 to June 30, 2015 plus a special parking rate of \$9.95 per day (self parking). **NSTU membership identification is required** and the NSTU rate is for one room booking per NSTU membership card. The Delta Halifax can be reached at 902-425-6700/1-888-423-3582. The Delta Barrington can be reached at 902-429-7410. For more info, check the Delta Halifax website at www.deltahotels.com/corporate/cor/nstu.html. The Delta properties are now both smoke-free.

BELGRAVIA BED & BREAKFAST in Truro offers a 15% discount to NSTU members. For more info call 902-893-7100 or 1-866-877-9900.

BEST WESTERN PLUS CHOCOLATE LAKE HOTEL, HALIFAX

Located at 20 St. Margaret's Bay Road, Halifax, NS B3N 1J4. NSTU rates - \$99 based on single/double occupancy, per room, per night, plus taxes. NSTU rate includes hot buffet breakfast, FREE parking, FREE local calls, and FREE high speed Internet. Book your Corporate Rate today at 902-477-5611 or res@chocolatelakehotel.com. For more information contact 902-477-5611, Fax: 902-404-3376 or res@chocolatelakehotel.com. Based on availability. Some conditions apply. Call today for more information.

CAMBRIDGE SUITES, HALIFAX - offers NSTU/RTO members the following rates for 2015: \$119—includes parking, continental breakfast, wi-fi and free local phone calls January to April and November to December. \$149—includes parking, continental breakfast, wi-fi and free local phone calls May to October. Location: 1583 Brunswick Street, Halifax, NS B3J 3P5; Phone: 902-420-0555; Website www.cambridgesuiteshalifax.com

CAMBRIDGE SUITES, SYDNEY - The rate until December 2015 is \$129 including parking, Wi-Fi, free local phone calls and a Hot buffet breakfast. You can now access the special rates for NSTU

members when making online reservations at Cambridge Suites Hotel Sydney. This link takes you to your own special rate page where a direct booking button is featured. online reservations at <https://bookings.ihotelier.com/bookings.jsp?hotelId=13606&identifier=5928DH>. You can also use the code 5928DH as well and simply enter it in to the Promo/Corporate Code section on the reservation page of the website www.cambridgesuitessydney.com

CAPE BRETON RESORTS

INVERARY RESORT, 368 SHORE ROAD BADDECK offers NSTU and RTO members and employees leisure and business preferred rates throughout the year. January 1 - May 31 Starting at \$99, Continental Breakfast Included / June 1 - June 30 Starting at \$119, Hot Breakfast Included / July 1 - Oct 31 Starting at \$159, Hot Breakfast Included / Nov 1 - May 31 Starting at \$99, Continental Breakfast Included.

FOR RESERVATIONS, call us at 1-800-565-5660. For more information, visit us at www.capebretonresorts.com Based on single or double standard room occupancy. Blackout dates may apply. May not be combined with any other promotional rates or discounts. Not applicable to group bookings.

DUNDEE RESORT and GOLF CLUB, 2750 WEST BAY HIGHWAY DUNDEE offers NSTU and RTO members and employees leisure and business preferred weekly rate from mid-May to mid-October. Stay for a full week for only \$595! **FOR RESERVATIONS**, call us at 1-800-565-5660 or 1-902-345-2649. For more information, visit us at www.capebretonresorts.com Based on single or double occupancy in either a standard room or 1 bedroom cottage. Black out dates may apply. May not be combined with any other promotional rates or discounts. Not applicable to group bookings.

DIGBY PINES GOLF RESORT & SPA 1-800-667-4637 or www.digbypines.ca. Open mid-May to mid-October. Rates starting from \$109/night plus 15% tax, low season (May, June, September & October); rates starting from \$134/night plus 15% tax, high season (July & August), based on double occupancy, subject to availability, room upgrade fees may apply. Please request the NSTU member rate at time of booking and provide your NSTU card upon check in. Rate is based on leisure travel only and is not applicable to group business.

FUTURE INNS HALIFAX HOTEL & CONFERENCE CENTRE –

Located at 30 Fairfax Drive, off of Lacewood Drive in the Bayers Lake Shopping District. We are happy to offer discounted rates for current & retired NSTU members starting at \$101 for a traditional room. The NSTU rates include Free parking, Free local calls & Free high-speed Internet. To book a room, simply call 1-800-565-0700 or Halifax@futureinns.com. Based on availability & some conditions apply. Call & speak to one of our friendly staff members for more information.

HAMPTON INN BY HILTON SYDNEY - NSTU members are welcomed with a 2015 rate of only \$129 plus applicable taxes. We are also pleased to provide free parking, free wi-fi, free local phone calls and free 24-hour coffee & tea service and a free hot breakfast buffet, along with use of our fitness centre, mineral pool and 90' waterslide. Conveniently located adjacent to the Membertou Trade & Convention Centre and connected via pedway to Kiju's restaurant, the hotel is minutes from downtown, Mayflower Mall, CBU, CB Regional Hospital and much more. 60 Maillard Street, Sydney, NS B1S 3W3. Check us out on tripadvisor or visit us on Facebook. Call 1-855-564-8282 for reservations. NSTU ID is required and blackout periods may apply including New Years Eve 2015.

KELTIC LODGE RESORT & SPA - 1-800-565-0444 or www.kelticlodge.ca. Open mid-May to mid-October. \$150/night plus 15% tax for all of the 2015 season, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check in. Rate is based on leisure travel only, room upgrade fees may apply and is not applicable to group business.

LISCOMBE LODGE RESORT & CONFERENCE CENTRE - Call 1-800-665-6343 or visit www.liscombelodge.ca. Open mid-May to mid-October. \$109/night plus 15% tax for all of the 2015 season, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check-in. Rate is based on leisure travel only, room upgrade fees may apply and is not applicable to group business.

THE LORD NELSON HOTEL & SUITES - Halifax is pleased to offer 2015 Preferred Rates for NSTU members. **January 1 - April 30, 2015 - Classic Guest Room without parking, \$89 / Classic Guest Room with parking, \$109. May 1 - October 31, 2015 - Classic Guest Room without parking, \$129 / Classic Guest Room with parking, \$149. November 1 - December 30, 2015 - Classic Guest Room without parking, \$89 / Classic Guest Room with parking, \$109.** All rates are valid for individual travel only, subject to availability, plus applicable taxes. Enjoy complimentary local calls and wi-fi. Guests must provide NSTU membership ID. Additional room types are available upon request

for an additional upgrade charge. Group rates can be negotiated separately through our Sales Department at the time of booking. Book your rate online at www.lordnelsonhotel.com 1. Select **'Book Your Corporate Rate'** at the bottom of the screen. 2. **Enter your access code: NSTU321** 3. From here you can select your dates, check availability and make a reservation. The Lord Nelson Hotel & Suites, 1515 South Park Street, Halifax, Nova Scotia B3J 2L2. Reservations: 1-800-565-2020 / 902-423-5130 / book@lordnelsonhotel.com

PARK PLACE HOTEL & CONFERENCE CENTRE - RAMADA PLAZA - would like to extend a room rate to NSTU/RTO members for 2015. The following rates will include a complimentary hot buffet breakfast, parking and high-speed wireless internet. **January 1, 2015 to December 31, 2015 - Standard room - \$129.95 and one-bedroom suite - \$179.95.** Rates are based on individual travel only, but may be used by employees or associates travelling for business and pleasure. Rates are quoted in Canadian dollars and subject to applicable taxes. Room production will be monitored throughout the year. Rates are subject to change. Location: 240 Brownlow Ave., Dartmouth, NS B3B 1X6 (Hwy 111, Exit 3 to Burnside Drive); Phone: 1-902-468-8888 / Fax: 1-902-468-8765 / Reservation: 1-800-561-3733; Email: ramada@ramadans.com and website: www.ramadans.com/.

The **FARMHOUSE INN** - in Canning, just outside Wolfville in the Annapolis Valley, offers an additional 15% off winter rates to NSTU members. The discount will apply from November to April each year, excluding packages, New Year's Eve, Valentine's weekend and special events weekends. Visit www.farmhouseinn.ns.ca.

The **PRINCE GEORGE HOTEL** - is a luxury hotel located in the centre of downtown Halifax. Conference delegates will be in a perfect location to explore the city. Also connected to the Downtown Link indoor pedway provides many options for shopping, entertainment, dining and accessing the Halifax waterfront without going outdoors. The Prince George Hotel is pleased to offer the following preferred rate for NSTU members: January 2015 - December 30, 2015: \$109.00 including local phone calls, free wi-fi and parking. The Prince George Hotel is located at 1725 Market Street, Halifax, Nova Scotia, B3J 3N9; General Enquiries: 902.425.1986 / Make a Booking: toll-free 1.800.565.1567 or direct 902.425.6066; www.princegeorgehotel.com

The **WAVERLEY INN** - offers NSTU members a 10% discount. Located at 1266 Barrington Street, Halifax, NS B3J 1Y5; Phone 902-423-9346/1-800-565-9346; website www.waverleyinn.com

THE WESTIN NOVA SCOTIAN - Halifax offers NSTU members a discount. Rates include high-speed Internet access, local calls, \$5.00 discounted parking and are based on single/double occupancy. Standard Rooms (2 Doubles or 1 Queen) **Season 1:** Jan 1 - Apr 1 \$115.00 [\$249.00] / **Season 2:** May 1 - Oct 31 \$135.00 [\$289.00] / **Season 3:** Oct 31 - Dec 31 \$115.00 [\$249.00]. For comparison, our published rack rates are in [\$]. Contact the Westin at 1181 Hollis Street, Halifax, NS B3H 2P6; 902-496-7891; 1-888-627-8553 or www.thewestinnovascotian.com/nstu-employees to book directly online. Based on availability.

PERSONAL CARE

AT HOME REHAB - specializes in physiotherapy in the comfort, convenience and privacy of the patient's own home. Our goal is to ensure you reach your physical potential while working with your busy schedule. Services are available throughout HRM, Windsor and Truro. Appointments are offered before, during, and after the school day and on weekends.

At Home Rehab is pleased to offer NSTU members, both active and retired, a reduced rate (**Reg. \$100 / NSTU discount \$75**) for in-home physiotherapy and guarantee an available appointment within 48 hours of calling. Direct billing to Blue Cross available.

In home physiotherapy is ideal for individuals who have difficulty attending appointments outside of the home or place of work; and individuals following post-operative rehabilitation, stroke, brain injury, soft tissue injuries, generalized deconditioning, or fractures. We provide a wide range of physical therapy services including ultrasound, TENS, strength and flexibility training, fall risk assessment and balance training, postural analysis, and home safety assessments.

Call today to book your appointment 902-445-7987 or email info@athomerehab.ca / Located on Larry Uteck Blvd. Halifax, NS. Visit us at www.athomerehab.ca

COMFORT ORTHOTICS & PODIATRY CLINIC - Custom Made Orthotics \$295 fabricated on-site and ready for pick up in one week. Each additional pair from the same cast (within a 2 year period) is 40% less, only \$175/pair. Footwear \$10 discount on regular priced shoes – Over 20 brands and 160+ styles in stock - Receive FREE pair of All Days Socks with purchase of footwear. Sigvaris Medical Compression Stockings – Free gloves and wash solution with purchase. Receipts will be issued for claims through your medical plan. Sunnyside Mall (2nd level) – 1595 Bedford Hwy, Suite 205- Tel: 902-835-7463 or toll Free 1-855-835-7463 Website: www.comfortorthotics.ca - We are with you every step of the way!

CRESTHAVEN LASER & SKINCARE CLINIC - is delighted to offer a 30% discount off any regularly priced service to NSTU members. At CRESTHAVEN LASER, you will love our friendly, professional and privately owned clinic that offers Laser Hair Removal, Photo Rejuvenation, Body Slimming, Cellulite Reduction, Skin Tightening and more. We specialize in FDA approved laser treatments to improve skin care and to help reverse aging, acne, sun damage, rosacea, hyper pigmentation, etc.

You are our best source of advertising! At Cresthaven Laser we want to help you look and feel you're personal best. Cresthaven Laser is built on referrals and therefore, we take great pride in insuring that our clients receive individualized care, with effective results each and every time.

Our personalized one on one attention, before, during and after treatments is what sets us apart. Our goal is to ensure each customer receive not only affordable treatments but, great value with the highest degree of customer service. Please visit our website and call to book your free consultation today at 902-401-0909 or info@cresthavenlaser.ca or www.cresthavenlaser.ca

DANIEL DANIEL DENTISTRY - We want to show you support by giving you more reasons to smile! We provide a full range of general and cosmetic dentistry services in our state of the art facility. Our team use the latest technology to provide you with a healthy smile in a very comfortable setting. From normal cleanings, to porcelain veneers, to Invisalign, to dental implants, to teeth whitening and everything in between. Our new location [6417 Lady Hammond Road, Halifax] offers lots of free parking, charges standard dental fees, direct bills your insurance, AND we are the only dental office in HRM giving you Air Miles on every visit! Our convenient hours of operation allow you to schedule your appointment before or after work, and we are even open on Saturdays [902-404-3369 ext 1]. Our way of showing support to all NSTU members and retired members is gifting you with 50 BONUS air miles on your first visit, DOUBLE air miles at every visit and EVERY year (as long as you have 2 cleanings a year) you will receive a \$450 professional whitening gift card that you can give to family or friends, or use for yourself! Now that's something to smile about.

ENLIGHTEN LASER & SKIN CARE CLINIC is thrilled to offer a **20% discount** on services to NSTU members. Owned and operated by an NSTU member, Enlighten offers **Laser Hair Removal, Body Slimming, Cellulite Reduction, Skin Tightening, Photo Rejuvenation, Rosacea Treatment, Manicure, Pedicure, Facials** and more. At Enlighten, our goal is to provide FDA approved, effective and affordable treatments while ensuring client comfort, privacy and satisfaction. We

pride ourselves on personal attention, communication and individualized care before, during and after treatment. We believe that flawless skin is possible at any age. Whether your concerns are to maintain youthful skin or to address the needs of maturing skin we are able to offer a wide range of skin care therapy and services. Client education is a priority at Enlighten and we pride ourselves on supporting individuals as they make informed choices regarding skin care treatments. To book your **FREE** consultation call 902-455-3263 | joehowe@enlightenlaser.ca | 3601 Joseph Howe Drive, Halifax (Inside the Joe Howe Superstore).

ETERNO LASER & MEDISPA, All NSTU members, including retired members are invited to visit us at one of the most beautiful & relaxing spas in the Annapolis Valley! **How does 15% OFF sound?** We would be pleased to have you enjoy this discount (with your NSTU ID) on a number of our services, including: Traditional and Medical Esthetics; Laser Hair Removal; Photo, Oxygen & Multiderm Facials; Laser Tattoo Removal with Atlantic Canada's only Quanta Q-Plus Laser™; Registered Massage Therapy; Registered Acupuncture; and more! We offer special package pricing for all Laser and Light Therapy treatments as well as a special 50% discount on treatments done with Nova Scotia's only Venus Freeze™. Please visit our website for a full list of products and services and to see our staff profiles! Eterno Laser & MediSpa • 16 Webster Court • Kentville, NS • 902-365-7546 • www.eterno.ca

HEALTH COACH, PAT WALLACE, would like to offer NSTU active and retired members, a **20% discount** on the initial assessment fee for health coaching. A health coach is trained to utilize effective behavioural psychology principles to assist people to make lifestyle changes like weight loss, regular exercise and nutritional modification. A health coach can help individuals clarify their health goals. Once clarified, the health coach then helps them implement necessary behaviours, attitude, and lifestyle changes to achieve their goals. Pat is an ACE certified coach and has worked within the fitness and health industries for over 33 years. You can contact Pat at Maritime Physiotherapy, 110 Wyse Road, in the Dartmouth Sportsplex. Phone - 902-463-6083 or by email at info@maritimephysio.ca

MARITIME MASSAGE HEALTH CLINIC, Halifax gives a 15% discount for the first visit, then 10% to NSTU members. Phone: 902-423-2455.

MEDICINE IN MOTION - Family, Physiotherapy & Sports Medicine Centre - 121 Ilsley Avenue, Burnside, Dartmouth, NS; Phone 902-468-2774; Fax 902-468-1359; website www.medicineinmotion.ca. Offers a 10% discount on Massage Therapy and direct billing is available.

NATASHA GILLAM, RMT - Providing therapeutic massage services to Halifax's North End, Natasha Gillam, RMT takes a holistic approach to treatment. Specializing in injury rehabilitation, chronic pain, neurological conditions and of course, relaxation. We provide direct billing for most Blue Cross and Great West Life health plans and a 10% discount for members of the NSTU. Located at **2369 Agricola Street, Suite 202, Halifax, NS B3K 4B7**; Phone **902-492-3893** or visit www.natashagillamrmt.com to book online.

NATURAL PATH MASSAGE THERAPY, 75 Alderney Drive, Dartmouth, NS (across from the Ferry Terminal) will offer NSTU members **\$20 off** their first massage and a free sauna. Contact 902-463-9351, naturalpath@ns.sympatico.ca or visit www.mynaturalpath.ca

NATUROPATHIC DOCTOR, ERIN BALODIS - As a general practitioner, Erin welcomes the opportunity to treat patients of all ages. She has a solid background in nutrition, and emphasizes whole food nutrition, going back to the basics with food along with nutritional supplementation when necessary. She has a keen interest in botanical medicine, using herbal tinctures and standardized extracts of herbs as treatment. Asian Medicine including acupuncture is another treatment option that Erin is fully licensed in, and enjoys using. She abides by the Naturopathic medicine principles by supporting patients to achieve their optimal health. She thoroughly enjoys sharing her knowledge, facilitating people on their journey to good health! **NSTU members can enjoy 15% off the initial visit.** Direct billing is available and Dr. Balodis is registered with Medavie Blue Cross. Located at Kingswood Chiropractic Health Centre, 1210 Hammonds Plains Road; 902-832-1411; OR Dr. MacAdam Chiropractic and Associates, 6777 Quinpool Road, Halifax; 902-407-3347; OR 71 Duke St., Chester; 902-802-1257. Visit www.erinbalodis.com for more information.

REMEDY FACIAL BAR & SPA is pleased to offer members of the Nova Scotia Teachers Union 10% off regularly priced Massage Therapy with our licensed RMT Tricia Elliot with the presentation of NSTU ID. We can do direct billing with Blue Cross and offer Registered Massage Therapy receipts for other health plans. Please mention the NSTU discount when booking and paying. Located at 1546 Granville Street, Halifax; 902-425-7586; www.remedyspa.com.

SOLES IN MOTION, 121 Ilsley Ave., Dartmouth, offers NSTU members \$10 off orthopaedic footwear (including the Dansko line of footwear) as well as a 10% discount off regularly priced athletic footwear and clothing. Contact us at 902-468-7911 or www.solesinmotion.ca.

SOUND CHIROPRACTIC AND HEALTH SCIENCES CENTRE is a multidisciplinary healthcare clinic **offering a 10% discount to NSTU members. NSTU ID is required in order to receive your discount.** We care about your health and will work with you to help you empower your body, mind and soul! We specialize in supporting wellness by addressing the cause of the disease in the body, through mobility issues, postural weaknesses, office ergonomics and lifestyle choices. We offer chiropractic, naturopathic care, acupuncture, nutritional rehabilitation and lifestyle coaching to help you achieve your goals. **LOCATIONS:** Sound Chiropractic - Bedford, Unit 205 - Nine Mile Circle, 620 Nine Mile Drive, Bedford, NS B4A 0H4 | Sound Chiropractic - Dartmouth, Unit 9 - 71 Ilsley Ave., Dartmouth, NS B3B 1L5 **CONTACT INFO:** (902) 444-4666 ext. 1 | info@soundchiropractic.ca | www.soundchiropractic.ca **JOIN US ON:** Facebook ([/soundchiro](https://www.facebook.com/soundchiro)) | Twitter ([@soundchiro](https://twitter.com/soundchiro)) | Linked In ([/SoundChiropractic](https://www.linkedin.com/company/soundchiropractic)).

SPRING GARDEN COSMETIC [BOTOX • LASER • FILLERS • SWEAT MANAGEMENT • SKIN CARE] and SG•MEDI•SPA [AESTHETICS & COSMETIC MEDICINE] offer a 10% discount to all NSTU members! Discount includes laser hair removal, Botox and juvederm fillers, chemical peels and spa services. Professionally trained and experienced staff under the direction of Dr. Ken Chisholm. A private setting, free parking and gift certificates are available at each location. Spring Garden Cosmetic is located at #104 – 5880 Spring Garden Road, Halifax, 902-429-8784, www.sgc cosmetic.com and sg•medi•spa is located at 463 Main Street, Wolfville, www.sgmedispa.com.

STRESS BUSTERS MASSAGE THERAPY & WELLNESS - Invites NSTU members and retired members of the NSTU, whether local or from outside of the metro area, to come in and enjoy a 10% discount on regularly priced Massage Therapy Services. ID required. Direct billing is available for Blue Cross and Green Shield. Regular rates are \$80.00 for 1 hour and \$120.00 for 90 minutes. Earn free massage with our Client Referral Program. Clients receive free trial for use of Whole Body Vibration at our location.

***Offer is not valid in conjunction with other offers and is not applicable for on-site chair massage services. Also, Chair massage is available for your workplace, promotion or event. Please call for rates as they differ from in-house. Rates subject to change without notice. Hours are variable so if you don't see the time slot you're looking for, please get in touch to see whether there's something else available that suits your needs. The first Tuesday of each month and Tuesday evenings are not available due to standing bookings. Experience the ebb & flow of letting go... If you have any questions or concerns, please contact - Lola McNeil, RMT & Owner, 3638 Dutch Village Road, Halifax, NS B3N 2S4; C: 902-488-5652; www.stressbusterswellness.com / info@stressbusterswellness.com

SunME SWIMSUIT SPA, offers NSTU members a 10% discount on all services and other specials at the spa located at 1869 Upper Water Street in the Historic Properties in Halifax, Phone: 902-407-8808. Swimsuit shopping, spa services, St. Tropez tanning and specialized esthetic services are offered. Contact our Beauty Team for an appointment. Visit www.swimsuitspa.ca for further details.

TOUCH THERAPIES, Dustin Ellsworth, RMT. Massage Therapy Services - **Offers \$25 off Massage Services to NSTU members** - Located in Styles Alive, 3422 Dutch Village Road, Halifax, NS; 902-443-7501; Email: touch.therapies@live.com. Hours of Operation are Monday, Tuesday and Friday 9-5 and Wednesday and Thursday 11-7. Direct bill through Blue Cross available. Specializes in Postural Dysfunctions. Enquire about our Client Program.

BOOKSTORES

BLUE GRIFFIN BOOKS, 30 Commercial Street, Middleton offers NSTU members a **10% discount** on classroom purchases. For details phone 1-902-363-2665 or email bluegriffinbooks@eastlink.ca.

TATTLETALES, Penhorn Mall, 535 Portland Street, Dartmouth offers a **20% discount** to NSTU members. 902-463-5551; tattletales@ns.aliantzinc.ca

WOOZLES, Halifax offers a **20% discount** on classroom purchases to NSTU members. 1533 Birmingham St, Halifax, NS B3J 2J6. 902-423-7626.

MISCELLANEOUS

BANANA REPUBLIC is currently offering a teacher discount of 15% off regular price merchandise. Teachers need to show appropriate ID at the register to receive the discount. We can add you to our Gold Book so that we can keep you and your colleagues informed of special offers. Halifax Shopping Centre, 7001 Mumford Road, Halifax, NS B3L 4N9; 902-454-8071; bananarepublic.ca

BENJAMIN MOORE BAYERS LAKE offers NSTU members \$5 off cans of paint. NSTU identification is required. Location: 120 Susie Lake Crescent, Unit 19, Bayers Lake, Halifax; phone: 902-446-3990.

BIG APPLE FASHIONS, Barrington Place Shop, 1903 Barrington St., Suite #2050, Halifax is pleased to offer all NSTU members a 10% discount on all regular priced fashions. Contact 902-446-2442 or www.bigapplefashions.ca

BOSE CORPORATION is currently offering special savings (up to 15% off) to members and retirees of the NSTU. Receive savings on most Bose products including music systems, headphones, Bluetooth ®Speakers, surround sound systems and solutions for today's most popular portable music devices. Enjoy Bose sound at homes and school. For more information or to place an order call 1-800-341-2073 and ask for the "Educators Canada Program." Savings only available by phone. **Offer expires December 31, 2015.**

BUDGET RENT-A-CAR MARITIMES offers a discount to NSTU members at the following locations ONLY: Halifax/Dartmouth, Sydney, Port Hawkesbury, Yarmouth, Moncton, Saint John, Fredericton, and Charlottetown. For more information, contact Budget Rent-A-Car in your area (in Halifax dial 902-492-7500 and press 1) or call 1-888-492-4888.

CHRIS SCOTT AUTOMOTIVE - Offers NSTU members 15% off known rust control application. Located at 1775 Sackville Drive, Middle Sackville, NS; phone 902-865-2043.

DISCOUNT CAR AND TRUCK RENTALS offers a discount to NSTU members. By quoting **#46129** each time you require a rental vehicle you will be able to save up to 40% off leisure rates. Rates are guaranteed in Nova Scotia and New Brunswick. Vehicle rentals available are compact, midsize, full size, minivan, SUV, 1/2 ton pickup, crew cab, cargo van and cube truck. Visit the website at www.discountcars.ca. Central Reservations (P) 902-468-7171 or 310-RENT or (Toll Free) 1-888-636-9333; Email reservations@carrental.ca. Nova Scotia locations are Halifax (2710 Agricola St., 902-453-5153), Dartmouth (135 Ilsley Ave., Unit A, 902-468-5441), Halifax Airport (Quality Inn, 60 Sky Blvd., 902-873-3049), Kentville (7145 Hwy 1, 902-678-8594), Sydney (81 Victoria Road, 902-563-2806) and Truro (70 Juniper St., 902-895-6642). New Brunswick locations are Bathurst, Dieppe, Moncton, Fredericton, Sussex and Saint John.

DISCOVERY CENTRE - All NSTU members have access to our free program 'InSight'. InSight is a dedicated membership program for teachers only, offering a wealth of valuable benefits and resources all designed to make your jobs easier! This program includes: 50% discount on Regular Family Memberships; 20% discount on Discovery Shop purchases (with the exception of LEGO products); Free monthly newsletter; Family sneak peek nights; Online tools and resources. Teachers can sign up for this on our website, located at www.discoverycentre.ns.ca/learn/insight. The program is presented by Johnson Inc.! Visit us at 1593 Barrington St., Halifax. We are pleased to offer all NSTU members a chance to view the facilities at no cost when presenting a valid Nova Scotia Teachers License at the front desk. Contact 902-492-4422.

DULUX PAINTS - <http://www.dulux.ca/>

25% OFF our Manufactured Paints. NSTU ID at time of purchase. Come into our stores and get a free Dulux Club Membership. Locations: 435 Grand Lake Road, Sydney (902-562-1170); 5651 Kaye St., Halifax (902-453-2560); 177 Wyse Road, Dartmouth (902-463-5222); 75 Akerley Blvd., Burnside (902-468-3965); 1746 Bedford Highway, Bedford (902-835-1300); 50 Tacoma Drive, Dartmouth (902-434-8292); 155 Chain Lake Drive, Halifax (902-445-5267).

ERINN G. MOORE - FAMILY LAW PRACTICE - Offers a one-hour free consultation plus a 30% discount on legal fees for all NSTU members. Over 10 years of experience—flat fees offered. Located at 1526 Dresden Row, 4th Floor, Halifax, NS B3J 3K3; Phone: 902-701-1952 or Cell: 902-223-0630.

ESPRIT DARTMOUTH CROSSING OUTLET - Offers a 10% discount to NSTU members. NSTU ID required. Located at 54 Hector Gate, Dartmouth, NS B3B 0C2; 902-481-0209.

EVENT SYSTEM RENTALS - Package discounts are available for NSTU members for booking Winter Carnivals and Safe Grads. For more information, call 902-538-0194.

FRAME EXPRESS - Custom Framing, Plakmounting and Prints offers a 30% discount on all custom framing and plakmounting (also guarantees their price is the best in the city and beats all written quotes by 10%) to NSTU members upon presentation of their ID card. Dartmouth Location, 10 Morris Ave., Unit 34 (off Akerley Ave.); phone: 902-468-5600.

GARDEN VIEW RESTAURANT on 174 Main Street in Dartmouth is introducing a **10% discount to NSTU members**. Try out our new South East Asian offerings, think zesty Pad Thai noodles, creamy coconut curries, savory basil stir-frys and even a lactose/gluten free coconut tropical chowder from the imperial court of Laos! Of course, nothing beats the comfort of the traditional Canadian/Chinese favourites we have been serving since 1923. Our famous meat eggroll remains our top selling item and it comes with every combination platter. We also offer a full range of gluten-free and MSG free stir-frys. Check out our website www.gardenviewrestaurant.com or call us to ask about what we can do for your catering needs, call Michelle at 902-435-7777. **Join our loyalty program and get a \$10 certificate for joining and a certificate for your birthday! You will be rewarded for every dollar you spend at the Garden View.**

GCR TIRE CENTRES (formerly Crown Tire) - offer NSTU Members a 15% discount off regular selling price of Bridgestone and Firestone Passenger/Light Truck tires. Also, a 10% discount off current retail price on any car service (brakes, alignment, oil changes). GCR Tire Centres are located in Antigonish, Bridgewater, Dartmouth, New Glasgow, New Minas and Truro.

GRAND & TOY - Working with teachers so students can be their best! Take advantage of Grand & Toy's low pricing. Contact Account Manager, School Supplies. Toll-free: 1-888-456-1258 ext. 271.

GRANITE SPRINGS GOLF COURSE - Granite Springs Golf Course is proud to present a discount on our Corporate Lighthouse Passes to all members of the NSTU. All members are able to buy 10 pass packages at the 30 pass package rate. What does this mean? You're able to get 10 rounds of golf at \$30 per round, which are normally \$40 per round! See below for details:

NSTU LIGHTHOUSE OFFER - 10 Lighthouse Passes (10 Rounds of Golf) for \$300; Passes are 100% transferable - use of up to 8 per visit, split between friends/colleagues; Good for tee times any day/time; 4 day advance booking; 20% off guest green fee; and 20% off carts. **Contact Tim to secure - 902-717-0335 or tim@granitespringsgolf.com**

HOMELIFE REAL ESTATE CENTRE INC. - In partnership with Realtors Curtis Messervey and Anthony MacNeil is honoured to extend the Corporate Employee Real Estate Program to the NSTU members. This program is exclusive to HomeLife Real Estate Centre and is offered to the members of the NSTU. An overview of the program is: Gold Rewards Program - 15,000 points for every \$100,000 sale or purchase; Preferred Real Estate & Mortgage Rates - 1% discount when combining buying and selling services; Home Warranty Program - 50% discount on basic coverage; Relocation Services - Moving In and Moving Out assistance; Home Buyers and Sellers Kit; Service & Product Discounts - Furniture and appliances, home cleaning and home maintenance; and Donation Program - Percentage of sales donated to charities, etc. For additional information, please call HomeLife Real Estate Centre at 902-252-3400.

HOTEL DISCOUNT PROGRAM - We are proud to now offer our very own NSTU Member Discount Hotel Program, provided for the exclusive access of our members and their families. Why? Because our teachers deserve it! Teachers and their families may now search and book hotel discounts around the world. Our savings may exceed 50%, and average 10-20% below market rates. To take advantage of these savings, simply enter your destination of choice and travel date in the convenient search widget on our site, and follow the instructions to log-in or **phone 1-800-892-2136, code NSTU. Website - <http://www.reservetravel.com/v6?&siteid=23903¤cy=CAD&usekilometers&streetview=true&pagesize=25&cid=nstu>**

Virtually all worldwide hotel rates are discounted...some by a little and some by lot...and there are no added service fees, so our deals will compare favourably with any alternative source for making hotel reservations, including all online travel agencies as well as

booking direct with the hotels. In addition to our great rates, we also offer our members the best worldwide hotel inventory, as measured by (i) number of property listings, (ii) room availability, and (iii) rate types to choose from. And don't worry, we don't impose any onerous change or cancellation policies, other than simply passing along the terms and conditions offered by the hotels. So, you can book with confidence!

Go to <http://localhospitality.com/corporate.html> and under CONTACT US click on log-in page use the following: USER NAME: NSTU / PASSWORD: NSTU or go to www.nstu.ca under Deals and Discounts (Exclusive Hotel Discount Program - use same User Name and Password after you've logged into the NSTU site.)

INTREPID TRAVEL - NSTU Members save 10% on trips with Intrepid Travel! For travellers with a yearning to get off the beaten track, Intrepid opens up a whole new world of adventure travel. From the colourful landscapes of Latin America to the wilds of Africa - come with us to discover real people, real cultures and have incredible real life experiences along the way. For full details visit www.intrepidtravel.com/teachers.

The **LUNG ASSOCIATION OF NOVA SCOTIA** offers NSTU members a **10% discount** on our **2014 Golf Discount Book - The Lung Book**. This amazing book has over 80 golf courses that offer 2-for-1 golf, plus other offers like stay-and-plays, discounts on buckets of balls, and more. More than 50 of those courses are located in Nova Scotia with other courses located across Prince Edward Island, New Brunswick, Newfoundland, and Maine. To purchase your book for the discounted rate of \$45.00 please visit us online at www.ns.lung.ca/site/index.php/the-lung-book. The offer can also be provided by displaying your NSTU membership card at our office, 6331 Lady Hammond Road, Halifax, NS or by purchasing your book by phone at 902-443-8141.

MICHAELS - 15% off your entire purchase every day! Some exclusions apply, see a store associate for details. Create for your Classroom. Michaels has all the ideas you need to create a one-of-a-kind classroom! From bulletin board ideas to fun and educational games, we have the inspiration you need to make your classroom a fun place to be. Two Locations: 45 Washmill Lake Court, Halifax, NS B3S 1B9; 902-450-0288; Store Hours - Monday to Saturday: 9-9 pm & Sunday 10-5 pm. and 15 Leclair Row Road, Dartmouth, NS B3B 0C6; 902-461-3032; Store Hours - Monday to Saturday: 9-9 pm & Sunday 10-5 pm.

MIDAS - TOTAL CAR CARE - All locations in Nova Scotia. Offers 10% off parts. www.midas.ca

NATURAL LIGHT SUNSPACE is delighted to offer a **\$500 discount** off any 3-Season Sunroom, Screen-room and Permanent Awnings to all NSTU members. Take your deck to the next level with our beautiful permanent awning, screen room or sunroom products. Turn your backyard into a retreat that you can use for most of the year so you can truly enjoy your patio furniture, backyard, hot tub, pool...

Can you imagine: Barbecuing all year long out of the elements; Having a bug-free screened room for your hot-tub; Being protected from harmful UV and being cool on hot scorching sunny days; Keeping your expensive patio furniture from fading in the sun; Having dry cushions after a rainy day or a heavy fog; No worries about heavy winds blowing away your umbrella, sunshade, awning or gazebo; Extending your patio or deck usage in comfort for as much as 9 or ten months of the year; A permanent awning that is built for our Nova Scotia climate & snow load but does not darken adjacent rooms; Creating a nice quiet place to get away from the rat race or have a social or family event; Having a roof or room system that is perfect for your home, RV or Cottage.

Natural Light Sunspace offers: Permanent Awnings; Patio Covers; Screen-rooms and integrated railings; 3-Season & Extended Sunrooms; Sunshades; Aluminum and Glass Railings; and Aluminum deck systems

Check us out online at www.naturallightsunspace.ca or call **902-499-4484** to set up an appointment to view our showroom @ 22 B Topsail Court, Unit 3, Bedford, NS. Get away without going away! Get your free estimate today!

SUNSPACE SUNROOMS & AWNINGS - 22 B Topsail Court, Bedford, NS by appointment only - call 902-499-4484; www.naturallightsunspace.ca

NEPTUNE THEATRE - NSTU members receive a **20% discount on single tickets** for plays in the 2014-2015 season (excluding D Seating in FH and C Seating in Studio Theatre) plus 20% off the Our Plays, Your Way 3, 4 & 5 Packs. **Use Promo Code 2014NSTU**. Phone the Neptune Theatre Box Office at 902-429-7070 or 1-800-565-7345 or visit www.neptunetheatre.com and identify yourself as an NSTU member using your ID# to receive the discount. This discount cannot be combined with any other discount (ie. Seniors discount). All regular service charges and HST will apply.

OG EVENT FILMING offers NSTU members 20% off all services. For information on their wide variety of services, visit www.gooraservices.com or phone 902-462-2439 / 902-830-6487. We believe in quality. Give us the opportunity to take on one of your projects and let us wow you with our abilities. We film weddings, plays, retirement parties and various sporting events. Our equipment is the best and your finished product is the best. For bookings or for more information, give us a call.

OH MY SOLE! Young Kempt Centre, 6061 Young Street, Halifax offers NSTU members \$10 off any regular priced pair of shoes in the store. Call 902-423-8288 or visit www.ohmysole.com

PAPA MARIO'S PIZZA - Two locations to serve you in the HRM - 6954 Mumford Road (Halifax Shopping Centre Annex) and 1283 Barrington Street, Halifax offers a 10% discount to NSTU members on food orders only. Papa Mario's also offer catering of more than just pizza - they have veggie/meat/fruit trays as well as salads and wraps. School lunch program is available (pizza with a whole wheat crust!) Visit their website at www.papamarios.com or phone 902-421-2121. Contact is Albert at 902-425-0000 or 902-877-0247.

PARK 'N FLY - Halifax Stanfield International Airport offers a 20% discount to NSTU members. The Code 739987 can be used anytime at the lot/booth, kiosks in the Halifax Airport and even the PNF online portal www.parknfly.ca then click on "Corporate Program" at the top of the screen and enter the code number and dates and a coupon will be available to print. For further details contact: Park 'n Fly, 668 Barnes Drive, Enfield, NS B2T 1K2; Tel: 902-873-4574; CS_Halifax@parknfly.ca / www.parknfly.ca/halifax/en/halifax

QUALITY FOOTWEAR & MAHONE BAY TRADING COMPANY offers a 10% discount to members. Locations include 201 Chain Lake Drive, Halifax (902-444-4229) and 544 Main Street, Mahone Bay (902-624-8425). Check out comfort, fashion and selection in a wide range of sizes for men and women.

RELIABLE COMPLETE AUTO SERVICE offers NSTU/RTO members a discount. Lube, Oil, Filter and Tire Rotation - \$39.95. Also offering free MVI. Valid with most vehicles. Call for details. NSTU ID must be shown to receive promotion. Location: 364 Sackville Drive, Sackville, NS. Phone: 902-865-5509.

ROGERS WIRELESS - NSTU members should be able to use OBPSMUNI as the corporate code if they are existing Rogers customers looking to take advantage of this plan. New customers go to the online order site at the bottom of the flyer. Existing customers have to follow this procedure prior to ordering an upgrade from the order site.

*Important message for existing Rogers customers looking to upgrade: If you are a current Rogers Wireless customer, you must validate your employment by visiting the following website <https://secure.rogersdirect.ca/acctmigration> and enter your corporate email address.

You will receive a response email from noreply@rogersdirect.com. Please forward the response and attach, or copy and paste, the McNain flyer that shows the pricing offers to Business.ID@rci.rogers.com. Send this email from the same corporate email address you have used earlier to register on the website.

Within 5 to 7 business days, your credentials will be validated and a Rogers representative will contact you to complete the price plan change.

Give the agent the below code that applies to your sector and the appropriate price plan codes based on your requirements.

OBPSMUNI - Public Sector Employees

Price Plan Details are below:

\$30 voice only bundle

IDV240809 - Price Plan Code 2 year term

OPTSRA17C - Messaging Bundle Unlimited

\$60 voice and data bundle

IDV240804 - 75 Business Bundle

FMNSRA029 - Unlimited CDN LD

RP015MAOK - Monthly Plan Discount

OPTSRA17C - Messaging Bundle Unlimited

\$70 voice and data bundle

IDV240807 - 85 Business Bundle

OPTSRA1B7 - Unlimited NA LD

RP015MAOK - Monthly Plan Discount

OPTSRA17C - Messaging Bundle Unlimited

SCOTIA AUTO GLASS - So Scotia Auto Glass, what's in it for me? You will get Mobile Service with quick response times by a technician who is ScotiaGlassTech™ certified in both vehicle glass repair and replacement. We come to you at work or home using Scotia Glass's proprietary tools including the Glass Rebuild™ resin and the SingularSeal™ windshield fitting system that allow us and other Scotia Glass® technicians to provide superior service. Scotia Auto Glass is part of the Vantage Point Glass Network, Atlantic Canada's Fleet and Glass Network. This means that even if you are not in the HRM/Lunenburg/Valley area, Vantage Point Glass Network will have a shop for you that honors warranties throughout the Network.

NSTU card members will receive: Free mobile service at home or work*, Up to 40% off your deductible* Free Windshield Repairs* 25% discount off the current retail price* on any additional glass services (wipers, Aquashield, door glass and back window, car cleaning)* - see website for details. Book online by visiting www.scotiaauto.com/promo/nstu.htm or call HRM & Tantallon/Windsor – Ron Tibert – 902-456-5201 or South Shore, Hubbards, Chester to Liverpool - Ron Tibert - 902-523-1180.

SOFTMOC - is pleased to invite all members of the NSTU to SAVE 10% on their complete purchase at SoftMoc. The savings are valid on all regular and sale priced merchandise. It cannot be combined with any other discount coupon or offer and is not valid at the Warehouse Sale Outlet. SoftMoc reserves the right to cancel this discount code at anytime. The new eligible discount

code may be obtained at any SoftMoc retail location or from customer service at 1-888-SOFTMOC or shoes@softmoc.com. **The Discount Code is 777000013255.** This number must be quoted in store or entered online to redeem the discount. Alternatively, in store you may show your Official Membership Card. Additional rewards and savings are available through registering for SoftMoc "My Account" and Frequent Buyer Plan at: www.softmoc.com/ca/register. Any questions regarding this offer, contact Keith Robertson, Corporate Sales Manager, SoftMoc Inc., Ph. 905-665-8119 ext. 2232 or email keith@softmoc.com.

TALL SHIP SILVA (Halifax) is happy to offer harbour tours at a 25% discount to teachers. Just show your NSTU ID at the dock when purchasing tickets. Contact them at info@tallshipsilva.com or 902-429-9463.

THE SACKVILLE SPORTS STADIUM is offering all current and retired NSTU members a 10% discount on all Annual Memberships. The Sackville Sports Stadium is a multipurpose facility that offers programs and services in the areas of fitness, sport, and wellness. As a community facility it is important for us to have something for everyone – AND WE DO! We want to make fitness fun for everyone!

We offer a range of sports, fitness, and wellness programs that include but are not limited to Zumba, TRX, Bootcamps, Boxing Workouts, Learn to Run, Indoor Cycling, Yoga, and Meditation. We also have a wide range of programs geared for the Senior population and specialized programs for those with chronic pain or injury issues as well as those with identified special needs.

Our Aquatics Department offers swimming lessons, aquatic leadership programs, fitness, and speciality programs as well as open swims to the public.

For children we have karate, dance, gymnastics, indoor soccer, birthday parties (dance, karate, mad science, gymnastics, laser tag, swimming and skating) and a large summer day camp program as well as in-service day camps throughout the year. Our arena is host to youth hockey, ringette, skating lessons, and public skating. There really is something for all ages!

Our membership coordinators will work with you to help identify your best options. Our annual memberships include Face 2 Face, which consists of 5 half-hour appointments with our certified trainers. You will receive a personalized program, one on one coaching and materials with current fitness and health information. Most importantly – you will get results and we guarantee it or your money back!

For more information visit our website, www.thestadium.ca or give one of our Membership Coordinators a call at 902-252-4000. NSTU ID is required. Terms & Conditions Apply.

ULTRAMAR REFINERY offers a 4 cent discount on posted oil prices to NSTU members in the Halifax Regional Municipality.

WONG's Tae Kwon Do in Lower Sackville offers 20% off monthly and yearly fees for NSTU members and their families. Call 902-478-1326 or email bwong@ns.sympatico.ca.

**Show your NSTU Membership Card
whenever you are shopping,
and let us know about any other
great deals or discounts!**

**Phone: 902-477-5621
1-800-565-6788 (TF)**

**theteacher@nstu.ca
smatheson@staff.nstu.ca**